



USDA AND THE STATE OF ALASKA
ARE AN EQUAL OPPORTUNITY
EMPLOYER AND PROVIDER.



NOVEMBER BREAKFAST 2018



MENU SUBJECT TO CHANGE DUE
TO AVAILABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	STUDENT BREAKFAST \$1.50 ADULT BREAKFAST \$1.50 MILK \$.75 ADULT MEALS ADD \$.75 FOR MILK	Grain Products offered are Whole Grain Rich WGR Juice Products are 100% Juice GMS serves graham crackers with the cold cereal meal	1 HOT OATMEAL OR BREAKFAST BAR CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	2 POP-TART OR BREAKFAST BAR YOGURT MIXED FRUIT FRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK
5 COLD CEREAL PEARS APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	6 BAGEL & PEANUT BUTTER OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	7 PANCAKES OR COLD CEREAL STRAWBERRY CUP APPLE JUICE OR CRANBERRY JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	8 HOT OATMEAL OR BREAKFAST BAR CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	9 TEACHER INSERVICE NO SCHOOL
12 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	13 BAGEL & PEANUT BUTTER OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	14 WAFFLE OR COLD CEREAL STRAWBERRY CUP APPLE JUICE OR CRANBERRY JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	15 HOT OATMEAL OR BREAKFAST BAR CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	16 MUFFIN OR BREAKFAST BAR YOGURT TROPICAL FRUIT FRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK
19 COLD CEREAL PEARS APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	20 BAGEL & PEANUT BUTTER OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	21 POP-TART OR BREAKFAST BAR CHEESE STICK OR YOGURT FRUIT CUP FRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	22 THANKSGIVING NO SCHOOL 	23 THANKSGIVING NO SCHOOL 
26 COLD CEREAL MANDARIN ORANGES APPLE JUICE OR GRAPEFRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	27 BAGEL & PEANUT BUTTER OR COLD CEREAL PEACHES OR FRESH FRUIT ORANGE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	28 CINNAMON ROLL OR COLD CEREAL & GRAHAM CRACKERS BLUEBERRY CUP APPLE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	29 HOT OATMEAL OR BREAKFAST BAR CHEESE STICK APPLESAUCE OR FRESH FRUIT GRAPE JUICE FF CHOCOLATE MILK OR 1% WHITE MILK	30 POT-TART OR BREAKFAST BAR YOGURT MIXED FRUIT FRUIT JUICE FF CHOCOLATE MILK OR 1% WHITE MILK