USDA AND THE STATE OF ALASKA
ARE AN EQUAL OPPORTUNITY
EMPLOYER AND PROVIDER



## AUGUST BREAKFAST 2019



MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

EMPLOYER AND PROVIDER.					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
STUDENT BREAKFAST \$1.50 ADULT BREAKFAST \$1.50	Grain Products offered are Whole Grain Rich WGR		1		
HH STUDENT LUNCH \$2.50 GMS STUDENT LUNCH \$3.25 VHS STUDENT LUNCH \$3.25	Juice Products are 100% Juice				
ADULT LUNCH \$6.00 MILK \$ .75 ADULT MEALS ADD \$ .75 FOR MILK	GMS serves graham crackers with the cold cereal meal		8	December 1	
	BACH	TOLE			
12	13	14	15	10	
		TEACHER INSERVICE DAY No School	TEACHER INSERVICE DAY No School	TEACHER INSERVICE DAY No School	
TEACHER 19	Bagel & Cream Cheese	Cinnamon Roll	Hot Oatmeal	Muffin	
WORK DAY No School	OR Cold Cereal	OR Cold Cereal	OR Breakfast Bar	OR Breakfast Bar	
	Peaches or Fresh Fruit Orange Juice	Blueberry Cup Apple Juice	Cheese Stick Applesauce or Fresh Fruit	Yogurt Mixed Fruit	
	FF Choclolate Milk 1% White Milk	FF Choclolate Milk 1% White Milk	Grape Juice FF Choclolate Milk 1% White Milk	<mark>Juice Box</mark> FF <i>C</i> hoclolate Milk 1% White Milk	
26 Cold Cereal Mandarin Oranges	27 Bagel & Cream Cheese OR	28 Pancakes OR	Hot Oatmeal OR	Muffin OR	
or Applesauce Apple Juice or Grapefuit Juice	Cold Cereal Peaches or Fresh Fruit Orange Juice	Cold Cereal Strawberry Cup Apple Juice	Breakfast Bar Cheese Stick Applesauce or Fresh Fruit	Breakfast Bar Yogurt Tropical Fruit	
FF Choclolate Milk 1% White Milk	FF Choclolate Milk 1% White Milk	FF Choclolate Milk 1% White Milk	Grape Juice FF Choclolate Milk 1% White Milk	<mark>Juice Box</mark> FF Choclolate Milk 1% White Milk	