USDA AND THE STATE OF ALASKA ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.



SEPTEMBER HS LUNCH 2019 MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

Corn Dog OR Veggie Wrap Tater Tots Fruitable Juice Applesauce FF Choclolate Milk OR 1% White Milk Turkey Bacon Wrap OR Veggie Wrap Tater Tots Salsa Cup Applesauce Cup Ice Cream FF Choclolate Milk OR 1% White Milk	Sub Sandwich OR Beef Tacos Refied Beans Green Salad Fresh Grapes WG Rice FF Choclolate Milk OR 1% White Milk Tomato Soup Toasted Cheese Sandwich Carrot Pennies Orange Slices FF Choclolate Milk OR 1% White Milk II	Chicken Fajita Salad Corn Chips & Dip Broccoli Pineapple FF Choclolate Milk OR 1% White Milk	PB&J Sandwich OR Egg Omelet Apple Muffin Tater Sticks Carrot Pennies Blueberry Cup FF Choclolate Milk OR 1% White Milk Large Salad with Cheese OR Popcorn Chicken Dipping Sauce Stir Fry Veggies Pears Bread Stick FF Choclolate Milk OR 1% White Milk
OR Veggie Wrap Tater Tots Fruitable Juice Applesauce FF Choclolate Milk OR 1% White Milk Turkey Bacon Wrap OR Veggie Wrap Tater Tots Salsa Cup Applesauce Cup Ice Cream FF Choclolate Milk OR 1% White Milk 17 Homemade Chili	Beef Tacos Refied Beans Green Salad Fresh Grapes WG Rice FF Choclolate Milk Tomato Soup Toasted Cheese Sandwich Carrot Pennies Orange Slices FF Choclolate Milk A CR 1% White Milk Large Salad with Cheese	Corn Broccoli Pineapple Cookie FF Choclolate Milk OR 1% White Milk Chicken Fajita Salad Corn Chips & Dip Broccoli Pineapple FF Choclolate Milk OR 1% White Milk	OR Egg Omelet Apple Muffin Tater Sticks Carrot Pennies Blueberry Cup FF Choclolate Milk OR 1% White Milk Large Salad with Cheese OR Popcorn Chicken Dipping Sauce Stir Fry Veggies Pears Bread Stick FF Choclolate Milk OR 1% White Milk
1% White Milk Turkey Bacon Wrap OR Veggie Wrap Tater Tots Salsa Cup Applesauce Cup Ice Cream FF Choclolate Milk OR 1% White Milk Homemade Chili	1% White Milk Tomato Soup Toasted Cheese Sandwich Carrot Pennies Orange Slices FF Choclolate Milk OR 1% White Milk Large Salad with Cheese	1% White Milk 1 Chicken Fajita Salad Corn Chips & Dip Broccoli Pineapple FF Choclolate Milk OR 1% White Milk	1% White Milk Large Salad with Cheese OR Popcorn Chicken Dipping Sauce Stir Fry Veggies Pears Bread Stick FF Choclolate Milk OR 1% White Milk
Turkey Bacon Wrap OR Veggie Wrap Tater Tots Salsa Cup Applesauce Cup Ice Cream FF Choclolate Milk OR 1% White Milk Homemade Chili	Tomato Soup Toasted Cheese Sandwich Carrot Pennies Orange Slices FF Choclolate Milk OR 1% White Milk Large Salad with Cheese	Chicken Fajita Salad Corn Chips & Dip Broccoli Pineapple FF Choclolate Milk OR 1% White Milk	Large Salad with Cheese OR Popcorn Chicken Dipping Sauce Stir Fry Veggies Pears Bread Stick FF Choclolate Milk OR 1% White Milk
1% White Milk 17 Homemade Chili	1% White Milk 18 Large Salad with Cheese	1% White Milk 19	1% White Milk
Homemade Chili	Large Salad with Cheese		á
Corn Chips Broccoli Fruitable Juice Mixed Berries	OR Country Fried Steak WG Roll Mashed Potato and Gravy Green Beans Peaches	Pepperoni or Cheese Pizza Dipping Sauce Green Salad Pineapple	PB&J Sandwich OR French Toast Sausage Tater Tots Carrot Pennies Strawberry Cup
FF Choclolate Milk OR 1% White Milk	FF Choclolate Milk OR 1% White Milk	FF Choclolate Milk OR 1% White Milk	FF Choclolate Milk OR 1% White Milk
Chicken & Rice Soup Sub Sandwich Carrot Pennies Broccoli Apple Slices	Meatball Sub OR PB&J Sandwich Tater Tots Sliced Cucumbers Orange Slices	Italian Dunkers Dipping Sauce Green Salad Mandarin Oranges & Pears	PB&J Sandwich OR Tangerine Chicken WG Rice Stir Fry Veggies Fruitable Juice Applesauce
FF Choclolate Milk OR 1% White Milk	FF Choclolate Milk OR 1% White Milk	FF Choclolate Milk OR 1% White Milk	Ice Cream FF Choclolate Milk OR 1% White Milk
HH STUDENT LUNCH \$2.50 GMS STUDENT LUNCH \$3.25 VHS STUDENT LUNCH \$3.25			
6	FF Choclolate Milk OR 1% White Milk HH STUDENT LUNCH \$2.50 GMS STUDENT LUNCH \$3.25	FF Choclolate Milk OR 1% White Milk HH STUDENT LUNCH \$2.50 GMS STUDENT LUNCH \$3.25 VHS STUDENT LUNCH \$3.25 ADULT LUNCH \$6.00	FF Choclolate Milk OR 1% White Milk OR 1% White Milk OR 1% White Milk HH STUDENT LUNCH \$2.50 GMS STUDENT LUNCH \$3.25 VHS STUDENT LUNCH \$3.25