## **Valdez High School**

## 2019-20 Cross Country Running Season

July 30 (Tues) Parent Meeting/Sign Up 7:00 pm HS Library July 31 (Wed) CC Running Practice Begins

August 16-17 UAF – West Valley Invite Fairbanks

August 24 Valdez Invite Valdez Valdez Valdez

(Cordova)

August 31 Bartlett Invite Anchorage

September 7 Palmer Invite Palmer

September 14 Delta Invitational Delta

September 20 Wasilla Wasilla

September 28 Regionals Fairbanks

October 5 ASAA State Anchorage