

USDA AND THE STATE OF ALASKA
ARE AN EQUAL OPPORTUNITY
EMPLOYER AND PROVIDER.



NOVEMBER BREAKFAST 2019



MENU SUBJECT TO CHANGE DUE
TO AVAILABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>STUDENT BREAKFAST \$1.50 ADULT BREAKFAST \$1.50</p> <p>MILK \$.75 ADULT MEALS ADD \$.75 FOR MILK</p>	<p>Grain Products offered are Whole Grain Rich WGR</p> <p>Juice Products are 100% Juice</p> <p>GMS serves graham crackers with the cold cereal meal</p>		<p>Parent Teacher Conferences</p> <p>NO SCHOOL</p>
<p>Cold Cereal Mandarin Oranges or Applesauce Apple Juice or Grapefruit Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Bagel & Cream Cheese OR Cold Cereal Peaches or Fresh Fruit Orange Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Cinnamon Roll OR Cold Cereal Blueberry Cup Apple Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Hot Oatmeal OR Breakfast Bar Cheese Stick Applesauce or Fresh Fruit Grape Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>TEACHER INSERVICE</p> <p>NO SCHOOL</p>
<p>Cold Cereal Pears or Applesauce Apple Juice or Grapefruit Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Bagel & Cream Cheese OR Cold Cereal Peaches or Fresh Fruit Orange Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Pancake OR Cold Cereal Strawberry Cup Apple Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Hot Oatmeal OR Breakfast Bar Cheese Stick Applesauce or Fresh Fruit Grape Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Muffin OR Breakfast Bar Yogurt Tropical Fruit Juice Box</p> <p>FF Chocolate Milk OR 1% White Milk</p>
<p>Cold Cereal Mandarin Oranges or Applesauce Apple Juice or Grapefruit Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Bagel & Cream Cheese OR Cold Cereal Peaches or Fresh Fruit Orange Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Waffle OR Cold Cereal Strawberry Cup Apple Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Hot Oatmeal OR Breakfast Bar Cheese Stick Applesauce or Fresh Fruit Grape Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Muffin OR Breakfast Bar Yogurt Mixed Fruit Juice Box</p> <p>FF Chocolate Milk OR 1% White Milk</p>
<p>Cold Cereal Pears or Applesauce Apple Juice or Grapefruit Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Bagel & Cream Cheese OR Cold Cereal Peaches or Fresh Fruit Orange Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>Cinnamon Roll OR Cold Cereal Blueberry Cup Apple Juice</p> <p>FF Chocolate Milk OR 1% White Milk</p>	<p>THANKSGIVING NO SCHOOL</p> 	<p>THANKSGIVING NO SCHOOL</p> 