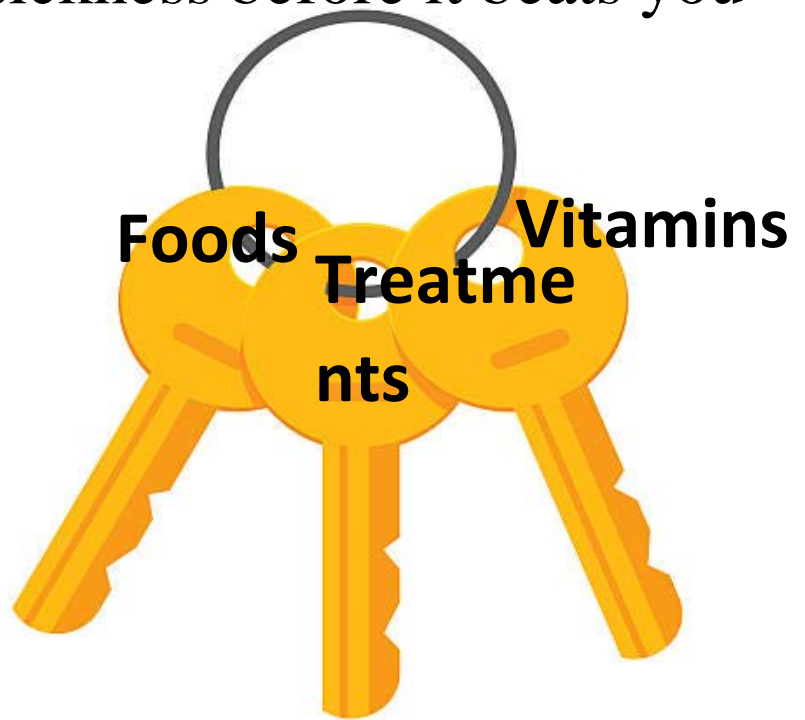


Natural Keys to Prevention for Colds and Infections

Join us for our free seminar and learn about
natural alternatives to boost your immune
system and beat sickness before it beats you

At Cruz Life Center
December 3rd
@ 6:15 PM
Dr. Miguel Cruz DC, C.Ad
Lesia Cruz HHC, C.Ad



To reserve your seat call us at (828) 682-6157

Healthy snacks will be served!