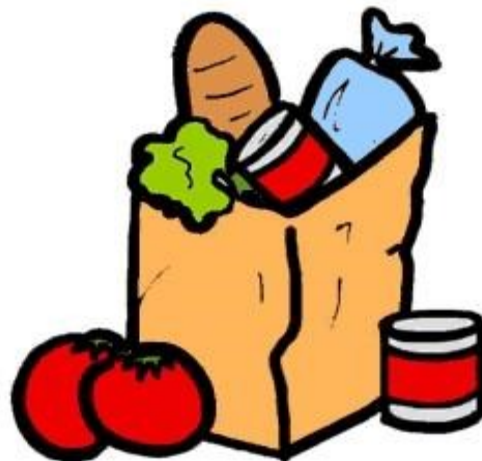


Grocery Store Senior Hours for National Chains.

If you are a caregiver, but not a senior, we suggest you call the store and explain the situation before you go. There are stories of a few individual smaller or family owned stores holding back bread, eggs, milk, etc. for caregivers or seniors who can not get to the store during senior hours. It is best to explain your special circumstance and see if the store can assist you.



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- **All NC Wal-Mart Stores:** 6:00 am to 7:00 am daily will remain in effect through April 28th. They will not hold items. (All NC Wal-Marts)
 - **All Lowes Food Stores:** Tuesday and Wednesday 7:00am to 8:00 am.
 - **All NC Publix Stores:** 7:00 am -8:00 am Tuesdays and Wednesdays for seniors Publix
 - **All NC Target Stores:** 1st hour open set aside for seniors. Check with your local Target to check on their hours
 - **All Walgreens Stores** -Tuesdays from 8:00 am -9:00 am for special needs/seniors/ at risk. There is an app for prescription home deliveries and I was told that the delivery fee which is through Fed Ex is being waived due to the virus. Also, stores now offering all store products available through drive through if requested. Some stores offer special services such as home delivery from the store. Those stores are offering to deliver other items from the store if they are delivering a prescription.
 - **CVS-** no special hours at this time
 - **Food Lion-** corporate has NOT set aside any special hours for seniors or special needs families.
 - **Fair Value Stores** - (Lenoir and Granite Falls) do not offer special hours. They do have curbside pick-up which is \$5.00.
 - **Local Convenience Stores** : Are turning out to be a savior for many people, more expensive but increased availability and less crowded