

Question, Persuade, Refer (QPR) Suicide Prevention Online Training



Suicide is a leading cause of death in the United States. During this global pandemic when fear, anxiety, and depression are heightened for many people, thoughts of suicide may be more common. It's critical to know about available support strategies.

Vaya Health's Provider and Community Education Team is offering free, web-based **Question, Persuade, Refer (QPR)** suicide prevention trainings twice monthly from August through December 2020.

To register for an upcoming QPR training, email Kelly Wolf, Provider and Community Educator: kelly.wolf@vayahealth.com.

Each training is limited to 30 participants.

Online Training Dates:

August 11, 2:30-4:30 p.m.

August 25, 9-11 a.m.

September 8, 2:30-4:30 p.m.

September 22, 9-11 a.m.

October 13, 2:30-4:30 p.m.

October 27, 9-11 a.m.

November 10, 2:30-4:30 p.m.

November 24, 9-11 a.m.

December 8, 2:30-4:30 p.m.

December 22, 9-11 a.m.