



2022-2023

Mitchell High Wrestling Schedule (Updated 10/28/22)

Date	Opponent/Event	Location	Time
Oct. 31	MIDNIGHT MADNESS!!!	MITCHELL HS	12:01AM
Nov. 17	Allegheny/Oak Hill, VA (Scrimmage)	Alleghany HS	6:00pm
Nov. 19	Owen Invitational	Owen. HS	All Day
Nov. 23	NORTH KNIGHT INVITATIONAL	North Henderson HS	All Day
Nov. 29	Erwin Quad w/ Hendersonville & Cherokee	Erwin HS	5:00pm
Dec. 3	HAMPTON/TUTTLE INVITATIONAL	Hibriten HS	All Day
Dec. 6	Science Hill, TN	HOME	5:00pm*
Dec. 10	BIG CAT INVITATIONAL	Patton HS	All Day
Dec. 12	Madison	Away	6:00pm*
Dec. 17-18	GREAT SMOKY MTN. GRAPPLE (32 Varsity Teams, JV, and Women's)	Asheville Civic Center	All Day
Dec. 20	Owen/Draughn Tri	Owen	5:00pm
Dec. 22	Swain Women's Invitational	Swain HS	All Day
Dec. 29-30	Holy Angels Tournament	Greensboro, NC	All Day
Jan. 3	Avery/Madison/Erwin Quad	HOME	6:00pm*
Jan 7	GAVIN SHARPE MEMORIAL	Mooreville HS	All Day
Jan. 10	Rosman	HOME	6:00pm
Jan 12	OPEN	TBA	
<i>Jan. 18</i>	<i>Mtn Heritage Tri</i>	<i>Mtn Heritage</i>	<i>5:00pm*</i>
<i>Jan. 20 (Friday)</i>	<i>WHC TOURNAMENT</i>	<i>Madison</i>	<i>3:30pm</i>
Jan. 24	McDowell Quad w/ St. Stephens & S. Caldwell	McDowell	5:00pm
Jan. 28-Feb. 5	Dual Team State Championships	TBA	TBA
Feb. 3-4	NCHSAA WOMEN'S INVITATIONAL	Greensboro	TBA
Feb. 10-11	1A WEST Regional Championships	Mitchell HS	All Day
Feb. 16-18	NCHSAA State Championships	Greensboro	All Day

Bold indicates home events

ALL CAPS=TOURNAMENTS

Italics indicates Western Highland Conference Matches

Arial Font denotes women's matches

**Event also includes Middle School Match*

Coaches: Ed Duncan, Tim Beaver, Dalton Beaver, Parker Swearingn

Principal: Dylan Johnson Athletic Director: Travise Pitman Trainer: Matt Humphrey