

PRESENTS

YANCEY COUNTY HEALTH & WELLNESS RESOURCE GUIDE

Please take note that this is <u>not</u> a comprehensive list of all resources available in Yancey County. It is impossible to provide an extensive list of everything that exists in our county, however, this is a great tool with many local resources listed.

If you have an additional resource or see something we missed, please email Morgan Fox at morgan.fox@yanceycountync.gov to have it added.

We hope this is a helpful tool for our partners and community members.

TABLE OF CONTENTS

Primary Care	5
Dental Care	7
Pharmacy	8
Emergency Services	9
Optometry	10
Physical Therapy	11
Chiropractic	12
Senior Services	13
Department of Social Services	14
Department of Public Health	15
Behavioral Health	16

Childcare & Early Learning	18
Family Support Services	20
Education & Educational Resources	21
Youth & Family Enrichment	24
Food resources	25
Law Enforcement	26
Transportation	27
Recreation	28
Alternative Medicine	30

Primary Care

Blue Ridge Medical Center

828-682-0200 | M-F 8:00 am - 5:00 pm 800 Medical Campus Dr. Burnsville, NC 28714

Faith Family Health

828-536-5125 | M-F 8:00 am - 5:00 pm 14 Academy St. Burnsville, NC 28714

Hopscotch Health

828-682-7333 | M-F 8:00 am - 5:00 pm 58 Blue Ridge Ln. Burnsville, NC 28714

MCHP-Celo health Center

828-675-4116 | MTWF: 8:00 am - 5:00 pm Th: 7:00 am - 7:00 pm 116 Seven Mile Ridge Rd. Burnsville, NC 28714

MCHP- Burnsville Health Center

828-682-8588 | MWTHF: 8:00 am - 5:00 pm T: 7:00 am - 7:00 pm 71 Blue Ridge Ln. Burnsville, NC 28714

Mountain Medical Arts

828-678-9352 | M-F 8:00 am - 5:30 pm 2 S. Main St. Burnsville, NC 28714

Still Waters Family Health

828-536-5344 | TW: 9:00 am - 5:00 pm F: 7:00 am - 1:00pm 715 E. Main St. Burnsville, NC 28714

Dental Care

Amethyst Dental Care of Burnsville

828-682-1560 | M-W 8:00 am - 5:00 pm Th: 8:00 am - 2:00 pm 501 W. Main St. Burnsville, NC 28714

Appalachian Family Dentistry

828-682-7581

M-W 8:00 am - 5:00 pm (lunch closure from 1-2) Th: 7:30 am - 2:30 pm 14 Academy St. Burnsville, NC 28714

Mt. Mitchell Dentistry

828-682-2979 | M 8:00 am - 5:00 pm T-Th: 7:30am - 5:00 pm 131 E. Main St. STE A Burnsville, NC 28714

Pharmacy

CVS

828-682-6171 | M-F: 9:00 am - 7:00 pm S/Sun 10:00 am - 5:00 pm 115 Reservoir Rd. Burnsville, NC 28714

Ingles Pharmacy

828-682-6272 | M-F: 9:00 am - 9:00 pm S/Sun: 9:00 am - 6:00 pm 400 E. U.S. Hwy 19E Burnsville, NC 28714

Prescription Pad

828-678-3914

M-F: 8:00am- 7:00 pm S: 8:00am- 4:00 pm Sun: 10:00 am - 3:00 pm 730 E. Main St. Burnsville, NC 28714

Emergency Services

Community Paramedic

M-F: 8:00 am - 4:30 pm 225 Wheeler Hills Rd. Burnsville, NC 28714

Yancey County Emergency Management

828-678-9266 | M-F: 9:00 am - 5:00 pm 15 East Boulevard Burnsville, NC 28714

Yancey County EMS

828-682-2512 | 24 hours 225 Wheeler Hills Rd. Burnsville, NC 28714

Yancey County Rescue Squad

828-682-7665 | 24 hours 718 W. Main St. Burnsville, NC 28714

Optometry

Aldridge Eye Institute

828-682-2104 | M-F: 7:45 am - 5:00 pm 419 E. Main St. Burnsville, NC 28714

Physical Therapy

Yancey Center for Physical Therapy

828-682-1500 | M-Th: 8:00 am - 5: 30 PM 1720 W. US-19E Burnsville, NC 28714

Chiropractic

Mars Hill Chiropractic- Burnsville Location

828-284-8629

M & W: 8:00 am - 5: 30 PM | T: 1:00 pm - 5:30 pm Th: 8:30 am - 12:45 pm | F: 8:30 am - 1:30 pm 210 W. Main St. Burnsville, NC 28714

Cruz Life Center

828-682-6157

M: 9:00 am - 2:00 pm | T: 1:00 pm - 6:00 pm | W: By appointment Th: 1:00 pm - 6:00 pm | F-Sun: Closed 390 E. Main St. Burnsville, NC 28714

Senior Services

Compassionate Care WNC

828-682-9675 | Office: M-F 8:00 am - 4:30 pm On- call : 24 hours 865 George's Fork Rd. Burnsville, NC 28714

Pruitt Home Health

828-682-7825 | 24 hours 200 Medical Campus Dr. Burnsville, NC 28714

Smoky Ridge

828-682-9759 | 24 hours 310 Pensacola Rd. Burnsville, NC 28714

Yancey House

828-678-9200 | 24 Hours 6 Cooper Ln. Burnsville, NC 28714

Yancey Senior Center

828-682-6011 M-F: 9:00 am - 5:00 pm 503 Medical Campus Dr. Burnsville, NC 28714

Department of Social Services

Yancey County DSS

828-682-6148 | M-F: 8:30am - 5: 30 pm 320 Pensacola Rd. Burnsville, NC 28714

Services & programs offered:

- Adult Services
- Child welfare services
- Foster Parenting
- *Services for the blind*
- Child care subsidy
- Child support
- Food & Nutrition Support
- Medicaid
- Work first
- Energy Assistance

Department of Public Health

Yancey County Health Department

828-682-6118 | M-F: 8:00am - 5:00pm 202 Medical Campus Dr. Burnsville, NC 28714

Services & programs offered:

- Primary & acute care clinic
- Physicals
- STD testing
- Drug Screens
- Women's Health
- Child Health
- Immunizations
- WIC
- Postpartum & Newborn home visiting
- Communicable Disease
- Environmental health services
- Breast feeding peer support
- Health Education and Promotion
- Vital Records

Behavioral Health

A Caring Alternative

828-682-4515 395 Burnsville School Rd. Burnsville, NC 28714

Celebrate Recovery- Higgins UMC

828-682-2835 | Wednesday Nights : 5:30 pm -8:30 pm 101 N. Main St. Burnsville, NC 28714

Freedom Life Ministries

828-413-9901 615 W. US Hwy 19E Burnsville, NC 28714

MCHP- Micaville Behavioral Health Center

828-675-4116 | M-F: 7:00 am- 5:00 pm 501 W. Main St. Burnsville, NC 28714

R.H.A. Behavioral Health

828-682-2111 | M-F: 8:00 am - 5:00 pm 72 Blue Ridge Ln. Burnsville, NC 28714

Yancey Counseling center

828-682-1551 | Hours vary between providers 10 North Main St. Burnsville, NC 28714



For a more extensive resource list that include surrounding county resources, see resource guide by PATH WNC below:

Path Mental Health and Substance Abuse Resource Guide

Childcare & Early Learning

Blue Ridge Partnership For Children

828-682-0047 | M-F 8:00 am - 5:00 pm 392 E. Main St. Burnsville, NC 28714

Church Street Preschool

828-682-4979 120 Church St. Burnsville, NC 28714

Genesis Academy

828-536-4819 | M-F 6:00 am - 5:00 pm 428 George's Fork Rd. Burnsville, NC 28714

Headstart- Yancey County Center

828-682-6668 | M-F: 8:00 am - 2:30 PM 76 Roland St. Burnsville, NC 28714

Kiddy Cove Learning Center

828-682-9700 | M-F 6:00 am - 5:30pm 57 Pleasant Valley Rd. Burnsville, NC 28714

Mountain Heritage Preschool

828-682-6103 | M-F: 7:30 am - 3:00 PM 333 Mountain Heritage High School Rd. Burnsville, NC 28714

Family Support Services

Ally's House- Child Advocacy Center

828-675-1508 49 Rock Wall Ln. Burnsville, NC 28714

Blue Ridge Healthy Families

828-682-7978 392 E. Main St. Burnsville, NC 28714

M.Y. Life Center

828-637-0009

MT: 3:00 pm - 7:00 pm W: 9:00 am - 3:00 pm TH/F: By appointment 112 Mercy St. Burnsville, NC 28714

See Yancey DSS on page 14 & Yancey County Health Department on Page 15 for additional support services

Education & Educational Resources

Arthur Morgan School (Grades 7-9)

828-675-4262 | M-F: 8:30 am - 4:15 pm 60 Ams Circle Burnsville, NC 28714

Blue Ridge Elementary (Grades K-5)

828-682-8150 | 7:30 am - 3:30 pm 910 Cane River School Rd. Burnsville, NC 28714

Burnsville Elementary (Grades K-5)

828-682-4515 | 7:00 am - 4:00 pm 395 Burnsville School Rd. Burnsville, NC 28714

Cane River Middle School (Grades 6-8)

828-682-2202| 7:30am - 3:30pm 1128 Cane River School Rd. Burnsville, NC 28714

East Yancey Middle School (Grades 6-8)

828-682-2281 | M-F: 7:30-3:30 285 George's Fork Rd. Burnsville, NC 28714

Mayland Community College-Yancey Learning Center

828-682-7315 | 8:00am - 10:00pm 107 Wheeler Hills Rd. Burnsville, NC 28714

Micaville Elementary (Grades K-5)

828-675-4161 | 7:30am - 3:30pm 112 State Highway 80 S. Burnsville, NC 28714

Mountain Heritage High School (Grades 9-12)

828-682-6103 | M-F: 7:30 am - 3:30pm 333 Mountain Heritage High School Rd. Burnsville, NC 28714

South Toe Elementary (Grades K-5)

828-675-4321 | M-F: 7:20am - 2:40pm 139 South Toe School Rd. Burnsville, NC 28714

Yancey County Board of Education

828-682-6101 M-F: 8:00 am - 4:00 pm 100 School Circle Burnsville, NC 28714

A.M.Y. Regional Library

828-682-2600

MWF: 9:00 am - 5:00 pm TTH: 9:00am - 7:00 pm S: 10:00 am - 1:00 pm 321 School Circle Burnsville, NC 28714

Youth & Family Enrichment

Partners Aligned Toward Health

828-682-7899 | M-F: 8:00am - 7:00pm 202 Medical Campus Dr. Burnsville, NC 28714

THRIVE! Appalachia

828-559-5840 | M-F: 9:00am - 5:00pm

Yancey County Cooperative Extension

828-682-6186 | M-F: 8:00am - 4:30pm 30 E. US Highway 19E Burnsville, NC 28714

Food Resources

Dig In! Community Garden

828-536-0414 744 Blankenship Creek Rd. Burnsville, NC 28714

First Baptist Food Pantry

828-682-2288 51 Town Square Burnsville, NC 28714

Reconciliation House

828-682-7251 | MWF: 9:00am - 4:30pm TTH: 9:00 am- 2:00 pm 20 Academy St. Burnsville, NC 28714

Yancey County Farmers Market

Seasonal Market: Saturdays 8:30am - 12:30 pm 322 West Main St. Burnsville, NC 28714

Law Enforcement

Burnsville Police Department

 $828\text{-}682\text{-}4683 \mid 24 \; Hours \\ 2 \; Town \; Square \; Burnsville, \; NC \; 28714$

Yancey County Sherriff's Office

828-682-2124 | 24 Hours 4 E. Main St. Burnsville, NC 28714

Transportation

Yancey County Transportation Authority

828-682-6144 | M-F: 7:30 am - 4:30 pm 503 Medical Campus Dr. Burnsville, NC 28714

Recreation

Black Mountain Campground

828-675-5616 | Seasonal 50 Black Mountain Campground Rd. Burnsville, NC 28714

Blue Ridge Fitness Center

828-678-3488 M-F: 5:00 am - 8:30 pm S: 8:00 am - 5:00 pm Sun: 1:00 pm - 5:00 PM 155 Love Fox Rd. Burnsville, NC 28714

Cane River Park

Daylight to Dark 258 Whittington Rd. Rd. Burnsville, NC 28714

Mount Mitchell State Park

828-675-4611 | S-Sa: 7:00 am - 8:00 pm 2388 NC-128 Burnsville, NC 28714

Ray Court Park

Daylight - Dark 101 Town Park Rd. Burnsville, NC 28714

Small Town Fitness

828-678-2013 | 24 Hour Gym 145 Westside Rd. Burnsville, NC 28714

Toe River Campground

828-675-5104| Seasonal 225 Patience Park Rd. Burnsville, NC 28714

Alternative Medicine

Mountain Healing Community Arts

828-536-9709 2 S. Main St. Burnsville, NC 28714