



96.1 KICX

MONDAY NOVEMBER 26, 2018

Newsflash

www.highplainsradio.net 308-345-5400 openline@highplainsradio.net



STOCKS

DOW	↓	NASDAQ	↓
178.74 TO		33.267 TO	
24,285.95		6,938.98	

WEATHER

Today	Tue	Wed
Sunny	Sunny	Sunny
High 38	High 37	52

URGENT NEED FOR BLOOD AND PLATELETS

The American Red Cross has an urgent need for blood and platelet donors to give now to ensure blood is available for medical treatments and emergencies during the holiday season. Blood and platelet donations often decline during the holidays. Regular donors are busy with holiday activities, and travel and severe winter weather may cause blood drive cancellations. Yet donations remain critical for patients like 4-year-old Wyatt Monacelli who is in the midst of intense chemotherapy treatments for leukemia. He has received a number of transfusions since his diagnosis in June and will likely need more. "We are fortunate to have had so many donors give the gift of life to our child so far throughout the course of his treatment, and even more so, we are lucky to have had a supply of blood available for him when he needed it," said Julianna Monacelli, Wyatt's mother. Bloodmobiles are scheduled this month for McCook, Indianola, Culbertson, Wauweta, Curtis, Maywood, Arapahoe, Cambridge and Hayes Center.

TRAFFIC FATALITIES UP

Fatalities from traffic crashes are up this year in Nebraska, prompting state officials to remind motorists about safety steps. Fatalities from traffic wrecks are up around four-percent this year with more multiple fatality crashes than usual. Highway Safety Administrator Fred Zwonechek says the quickest way to lower fatalities is to increase seat belt use. Now, 86% of Nebraska motorists are buckled up. The national average is 91%. "So, we've got a ways to go, but we know if we can get those numbers up, get more people to buckle up, we can reduce our fatality numbers; cut those nearly in half," Zwonechek tells Nebraska Radio Network. Every 1% increase in seat belt use secures 18,000 Nebraska drivers and passengers. Buckling up is more than a catch phrase. It is important, according to Zwonechek, the surest way to reduce fatalities on the road. Zwonechek points out seven out of 10 people killed in highway crashes were not wearing their seat belts. Zwonechek says the second most important step is to cut down on the number of impaired drivers. "Both alcohol and drugs – and/or – people under the influence of drugs or alcohol; they make up about one out of three of our fatal collisions," according to Zwonechek.

HOLIDAY SEASON HAS ARRIVED

The holiday season has arrived and all Nebraskans have to do is decorate, shop, wrap, bake, cook, travel and the list goes on and on. A new survey shows that one in four women in particular are affected with stress. Dr. Largo Wight is a public health specialist and says a new study shows an easy way to stop and smell the roses. It focused on the impact of flowers and the environment. They found that women living with flowers for just a few days had a significant decrease in their stress levels. Dr. Wight says, "We know from past findings that contact with nature has been shown to reduce stress. For example, having a potted plant in your home or having a view outdoors from your work window or even listening to nature sounds can reduce stress. We can take these findings and think about ways that we can reduce our own stress by bringing the outdoors and nature contact inside." Dr. Wight says a recent poll shows 68% of people feel stress on a weekly basis and 32% experience it every day.



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MONDAY - FRIDAY
7 AM - 5 PM
SATURDAY
8 AM-10 AM
 NO APPOINTMENT NECESSARY
 1401 EAST H STREET
 344-4110

Big Red Report



Monday-Friday
10:45 KBRL &
The HAWK

Sponsored by Eugene Koch and JL Construction



SUNDAY DEC. 2
@ 12:00 PM
VS
CINCINNATI



DAVE RAMSEY
MONDAY-FRIDAY
6 A.M.-9 A.M.





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INTERESTING FACT

Hair doesn't turn grey. The follicles deposit color into each time that grows in. Over time, individual follicles stop producing pigment, and the next hair to grow comes in gray, then eventually white.

SPORTS

For the second game in a row the McCook Community College Lady Indian basketball team rolled up a large margin of victory to sweep both games of the MCC Thanksgiving Classic, rolling to an 89-38 win over Northwest Kansas Technical College Saturday. "This weekend was all about effort and playing hard, improving our defense and our transition game," MCC Coach Kellen Ferneti said. "The effort these past two days has been fun to watch." MCC came out with defensive pressure and used a balance scoring attack to soar to a 26-11 first-quarter lead and nearly duplicated that feat enjoying a 25-11 edge in the second quarter. "Another game where our players got between 13 and 21 minutes and seven players scored nine or more and we're starting to see some balance," Ferneti said. The Lady Indians improve to 7-3 on the season — surpassing last season's win total during a 6-25 year. The next action for MCC is Nov. 30-Dec 1 at the Lamar Community College Classic.

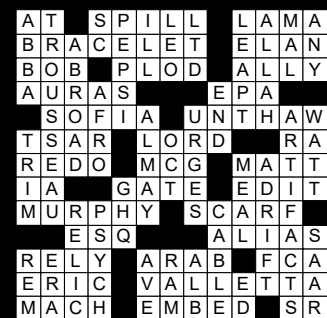
The Nebraska volleyball team was selected as the No. 7 overall seed for the NCAA Tournament on Sunday night and will host the NCAA Tournament first and second rounds at the Bob Devaney Sports Center next weekend. The defending national champion Huskers, making their 37th straight NCAA Tournament appearance, will open the tournament on Friday, Nov. 30 at 7 p.m. against the Hofstra Pride (25-7), champions of the Colonial Athletic Association. The 4:30 p.m. match will feature the Missouri Tigers (23-7) of the SEC and the Arizona Wildcats (22-10) of the Pac-12. Friday's winners will meet on Saturday, Dec. 1 at 7 p.m. Stanford, Minnesota, Illinois and BYU received the top four seeds from the NCAA Tournament committee. Should those teams all advance past the first weekend, they would host an NCAA regional the following weekend. Nebraska is in Minnesota's region along with No. 10 national seed Kentucky and No. 15 Oregon.

Looking for L♥VE?

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McCook Humane Society
100 South Street, 345-2372
Hours: M-F: 2-5, Sat: 12-4



TODAY'S PUZZLE



HOME OF BISON SPORTS FOR 40 YEARS!

ACROSS

- 1 Byword
- 8 Cubed
- 13 Blasphemer
- 14 Egg-shaped
- 15 Sign
- 16 Slimly
- 18 Curium (abbr.)
- 19 Over
- 20 Compass point
- 21 Her
- 22 ___ A Small World...
- 23 Brim (2 wds.)
- 26 Popular appliance brand
- 27 Departed
- 28 Should
- 31 Even though
- 33 Soft cloth
- 34 French city
- 35 American Association of Retired Persons (abbr.)
- 36 Atlanta locale
- 37 Recites
- 39 Add
- 40 Joke
- 42 Copy
- 43 Not us
- 44 Silver (abbr.)
- 45 Jewish scribe
- 47 Ancient German character
- 48 Signal flare
- 50 Temple of Jupiter in Rome
- 53 Play
- 54 Addresses

DOWN

- 1 Profuse
- 2 Distantly
- 3 Cooking devices
- 4 Grape plant
- 5 ___evated railway
- 6 Rupee (abbr.)
- 7 Author of "Wuthering Heights"
- 8 Twelve (abbr.)
- 9 Climbing vine
- 10 San Diego's St..
- 11 ___-a-sketch (child's toy)
- 12 Districts of ancient Attica
- 17 IOU part
- 20 Covet
- 21 Sego lily's bulb
- 23 Lift
- 24 People who get things done
- 25 Devour
- 27 DNA component
- 29 16 & 17th century French Protestant
- 30 Hampers
- 32 Star Trek Automoton's
- 33 Valley
- 35 S. American llama
- 38 Serving of corn
- 39 Closes
- 40 Fish lifting hood
- 41 Accent mark
- 43 Three
- 45 Electroencephalograph (abbr.)
- 46 Type of Buddhism
- 49 System international (abbr.)
- 51 Air conditioner, for short
- 52 Personal computer (abbr.)

