





STOCKS

DOW 330.88 TO 41.622.44

NASDAQ 🚽 169.50 TO 17,522.12

WEATHER







TODAY Sunny/ Breezy High 58

<u>SAT</u> Partly/ Sunny High 70

<u>SUN</u> Sunny/ Breezy High 58

COMMUNITY HOSPITAL Advanced care. Always there.

MCCOOK CLINIC

1301 East H Street | 308.344.4110

WALK-IN HOURS

Monday - Friday 7am - 4:30pm Saturday 8am - 10am

No Appointment Necessary



MONDAY-FRIDAY



FRIDAY MARCH 21, 2025

WSTIAS

www.highplainsradio.net 308-345-5400 openline@highplainsradio.net

GRANT TO PURCHASE NEW AMENITY CART

Community Hospital Health Foundation is proud to support the hospital's Patient Experience program with a grant to purchase a new Amenity Cart. This cart is stocked with items that patients may need or want during their stay. Created by the hospital's Patient & Family Advisory Council (PFAC) and endorsed by nursing and administration, the cart includes items such as bibles, coloring pages with colored pencils or crayons, word puzzle books, stress balls, eye masks, handheld fans, refreshing body wipes, and more. All items from the cart are free of charge to hospitalized patients and their family members. The hospital's Patient Experience Specialist, Diane Gumaer, along with community volunteers serving on PFAC, will bring the cart around to patient rooms each day, offering items and taking time to check in with patients to ensure their stay meets their expectations. "Community Hospital Health Foundation is proud to support the Patient Experience program with the new Amenity Cart," said Jessica Bortner, Health Foundation Director. "This initiative reflects our ongoing commitment to enhancing comfort for patients and their families. We are grateful for the collaboration with the Patient & Family Advisory Council, nursing, and administration in bringing this idea to life." "The Patient & Family Advisory Council is excited to bring this new opportunity to patients and their families, and we're looking forward to using this cart to add another layer of service and communication for Community Hospital patients and families," said PFAC Co-Chair Judy McCune, the marketing director at Kinship Pointe. "It's a great way to improve someone's stay in the hospital and presents a new opportunity to let them know that their comfort and contentment truly matter."

CAMPAIGN AGAINST SYNTHETIC CANNABIS PRODUCTS

The Nebraska Attorney General's Office is ramping up its campaign against Delta-8 and other synthetic cannabis products with a series of cease-and-desist letters sent to vape shops, dispensaries and gas stations in the Omaha metro area. The letters, sent to 104 stores, tell business owners to accept a settlement agreement, which includes agreeing to pull all hemp-derived cannabis products off store shelves, or face a consumer protection lawsuit. The attorney general's office has filed 15 lawsuits since 2023 targeting retailers across the state. Twelve of those retailers accepted settlement agreements. "Today, we have taken legal action against every single store in the Omaha Metro area," Nebraska Attorney General Mike Hilgers said at a Thursday press conference. "The stores have 30 days to comply with our terms and take these products off their shelves, like other stores have, or we will sue." Nebraska, like other states, has struggled to regulate the evolving industry of hemp-derived cannabinoids like Delta-8 THC, Delta-10 THC and THC-A, which are naturally present in hemp plants in very small quantities. Using chemical processes, the cannabinoids can be extracted from the hemp plant and can produce psychoactive qualities similar to Delta-9 THC, the main cannabinoid in marijuana. Hilgers calls the resulting products "synthetic cannabinoids" and says the Nebraska Legislature never intended to and didn't legalize them with the passage of the 2018 federal farm bill and subsequent state legislation in 2019. The bill made the sale of hemp legal so long as the concentration of Delta-9 THC is less than 0.3% by dry weight.

LB415- PAID SICK LEAVE

Nebraska voters approved a ballot measure in November requiring businesses to give employees paid sick leave. Thursday, an attempt to exclude some employees drew strong opposition in the Legislature. By a nearly 3-1 margin, Nebraskans voted last November that employees should get paid sick leave. The initiative said workers in businesses with 20 or more employees could earn and use up to 56 hours a year; workers in smaller businesses could earn and use up to 40 hours. On Thursday, the Legislature opened debate on LB415, whose sponsor, Sen. Beau Ballard, gave it a low-key introduction. "LB415 is a cleanup bill meant to clarify some of the concerns of members in the business community, and it was not opposed by any of the sponsors of the initiative," he said. "I know there will be a lot of conversation around other language in the committee amendment. But I ask for your green vote on LB415." The bill itself clarifies that hours earned in existing paid time off programs would count toward the requirement, and that it did not apply to independent contractors or owner-operators of businesses. But as Ballard anticipated, an amendment proposed by the Business and Labor Committee sparked controversy.





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Coaches Coffee Club

SATURDAY MORNINGS AT













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NEWS, SPORTS, WEATHER 24/7 AND FIND US ON FACEBOOK

RIDDLE ME THIS

What four-letter word can be written forward, backward or upside down, and can still be read from left to right?

Answer: NOON.

The McCook Bison girls tennis team opens their spring season today with a doubles invite in North Platte. The Bison track and field teams head to Kearney for the UNK Indoor this afternoon. The Dundy County-Stratton track teams will participate in the Class C UNK Indoor meet tomorrow. The McCook Community College softball team will host Luna Community College in doubleheaders Saturday and Sunday. The MCC baseball team are on the road at Luna for doubleheaders today and tomor-

Two members of the McCook Community College men's basketball team have received post-season Region IX honors. Sophomore Madison Peaster was named third team all-Region IX and freshman Nate Coley received honorable mention. Peaster, the Little Rock, Ark. native who transferred this year from National Park College in Hot Springs, Ark., started 29 games for MCC and led the team in scoring at 15.7 per game along with 5.7 rebounds, 3.3 assists and 2.4 steals. He shot 49.6 percent from the field, 27.3 percent from the 3-point line and 69.0 percent from the free-throw line. He scored in double figures 24 times and topped the 20-point mark 10 times with his high-point game coming Feb. 28 at home against Trinidad State when he scored 28 points. His top rebounding game came at Otero College Jan. 17 when he grabbed 12 and scored 27 points. Coley, also from Little Rock, Ark., was second on the team with 15.4 points per game, shooting 42.3 percent from the field, 28.2 from the 3-point line and 78.8 percent from the line. He averaged 2.9 rebounds, 2.3 assists and 2.1 steals.

McCook Humane Society 100 South Street, 345-2372 Hours: M-F: 2-5, Sat: 12-4 LAND OF THE FREE **BECAUSE OF THE BRAVE**

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TODAY'S PUZZLE



HOME OF BISON SPORTS!



- Dined
- Heavenly beings
- 8 Tap in lightly 12 Benumb (2 wds.)
- Green Gables dweller
- Musical productions
- Skin sore
- 18 Southeast
- Artist's creation
- 20 Fairy Tale writing brothers
- 23 Sign language
- Canal
- Caesar's two
- Vanish
- Mark
- Roman twenty Revolutions per minute
- Hung over one's back
- Day of the wk.
- Comes before a vowel
- Mote
- 36 Lawmen
- Lincoln locale
- 38 Brag
- 39 That girl
- Egyptian capital
- 42 Luau dish
- Personal computer (abbr.)
- Take off your hat
- One of the three graces Prig
- Pardoned Doing nothing
- Chichi
- 55 Time zone

Famous cookies

row.

- Sticky fastener
- 3 Stretch to make do
- Knot
- 5 Throw out
- Decimeter
- Compass point
- Covered with sticky black 8 stuff
- 9 Negative (prefix)
- 10 Minneapolis locale
- Canadian prov.
- Delete 17
- Growing older 21 Confuse
- 22 Stirs
- 23 Admiral (abbr.)
- 24 Belch
- 25 Line of soldiers
- French money
- 28 Sleep disorder
- 29 Type of dressing
- Parody
- 33 Foot extension
- 35 Type of flashing light
- Texas stew
- Waterlogged
- 41 Teen hero
- 42 Split up
- Popular American desserts
- 44 Can not
- 46 Future Farmers of America (abr.)
- 48 Street abbr.
- System international (abbr.)
- 50 North Dakota (abbr.)
- 52 Portland locale

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