



Emery High School 2019 Cross Country Schedule

Date	Opponent	Time
Wed. Aug. 14	@ Highland	
Sat. Aug. 31	@ West Lake	
Tues. Sept. 3	@ Emery	
Fri. Sept. 6	@ Murray	
Wed. Sept. 11	@ Grand	
Sat. Sept. 14	@ BYU	
Wed. Sept. 18	@ Carbon	
Wed. Sept. 25	@ San Juan	
Wed. Oct. 2	@ North Sanpete	
Tues. Oct. 15	@ Carbon (Region)	
Wed. Oct. 23	@ Sugarhouse (State)	