



## How to log your daily results (workouts)

Steps;

- 1) Click on the Results Leaderboard button on the website. We also have the link below.

<https://runsignup.com/Race/Results/81779>

- 2) You will see the following screen. Click the “Submit Virtual Results” button.

Results For  
Race to Summer Virtual Challenge  
Frederick, MD 21704

Back to Race Website ✕

Post Virtual Results! This race has virtual events. If you completed a virtual event, submit your results here. **Submit Virtual Results**

Questions About Results? Get in touch!

Individual Results | Team Results

Year: 2021 | Result Set: Virtual 5K

Search by name, bib number, town, etc...

Place	Bib	Name	Gender	City	State	Country	Clock Time	Chip Time	Pace	Age	Age Percentage	Group/Team Name
There are no results matching your search in the following event: Virtual 5K.												

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- 3) You will see the following screen. Enter your First and Last name then click “Lookup Registration”.



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## Race to Summer Virtual Challenge

Sat May 1 - Mon June 21, 2021  
Frederick, MD 21704 US

### Participant Lookup

Search By Name

First Name \*

Last Name \*

[Lookup Registration](#)

OR

Search By E-mail Address

Email Address \*

Date of Birth \*

[Lookup Registration](#)

Anonymous users are not shown in this report.  
If you have registered for this race with an anonymous account, you can view your registration(s) by clicking here.



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4) You will see this screen. Click on “Log Activities”.



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## Race to Summer Virtual Challenge

Sat May 1 - Mon June 21, 2021  
Frederick, MD 21704 US

### Find A Participant

BIB NUMBER	NAME	EVENT	REGISTRATION DATE	OTHER DETAILS
1	Sample Sample <a href="#">More Details</a>	Short Walk Challenge (7.7 miles) <a href="#">Log Activities</a>	Mar 1, 2021 at 1:32pm EST	Gender: F Age: 52 City: Frederick, MD US

[Lookup Someone Else](#)

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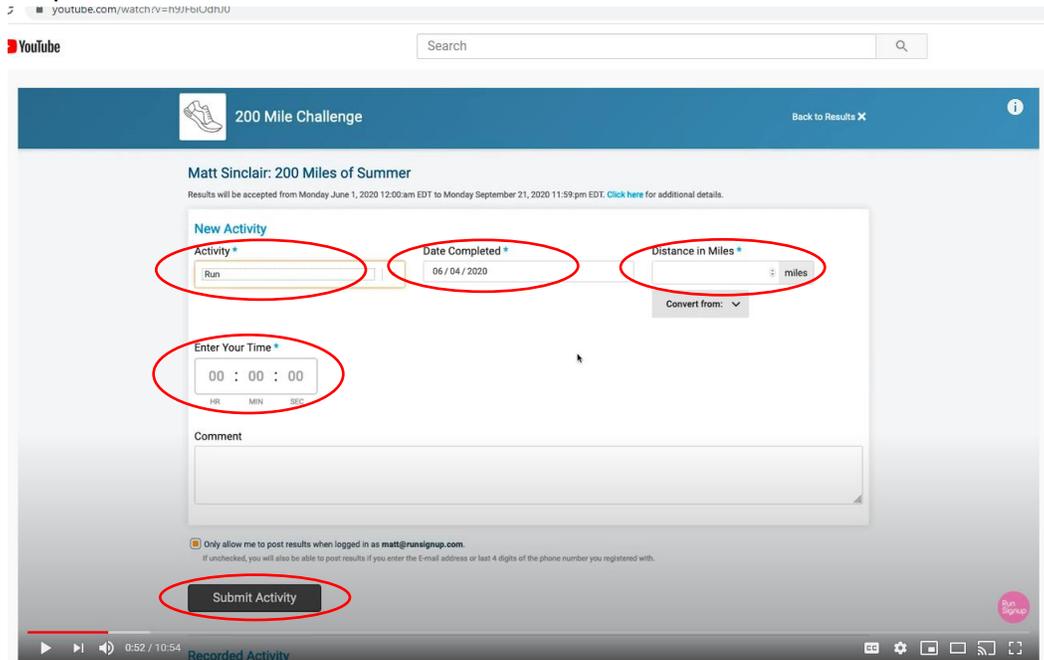
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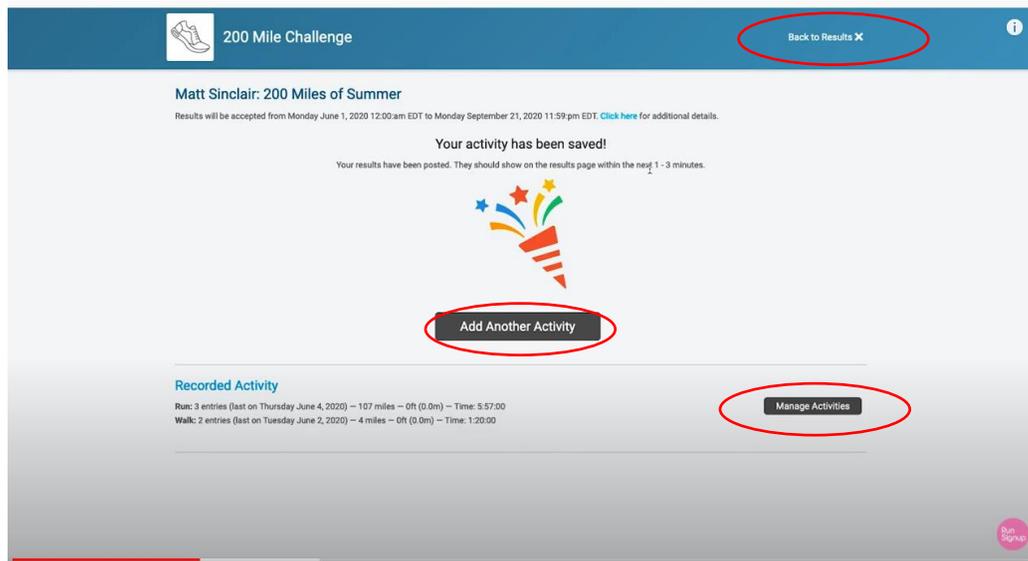
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5) You will then come to this screen where you can enter your daily workouts. Select your activity, the date of your workout, your distance and your time. Then hit submit. Keep in mind if you are doing the Bike/Run Multisport Challenge you will enter your bike info

separately than your run info and you will have both bike and run in the “Activity” dropdown menu.



- 6) Once you enter your information you will get a screen that looks like this. At this point you can click the “Add Another Activity” button to add more workouts. You can then hit the “Back to Results” button once done to see your progress report. If you have an error in your entry you can click the “Manage Activities” button to edit past entries.



- 7) Your personal results screen will look like this. You will see your stats, logged workouts, progress bar!

**200 Mile Challenge**  
Sat June 20 - Mon September 21, 2020  
Richmond, VA US 23220 Directions

200 Miles of Summer Search by name or bib number

**TESTING** **Matt Sinclair**  
200 Miles of Summer  
Male Age 20 Glen Allen, VA  
Log Activities

**1001**  
Certificate

111 of 200 miles  
Progress 55.5%

DISTANCE IN MILES	GUN TIME	PACE
111	7:17:00	3:56

OVERALL  
1 of 1

Activities Log Activities

June 4, 2020  
Run 3 miles 21:00 Morning run!

If you have any questions please contact Shannon at [Shannon@RacineMultiSports.com](mailto:Shannon@RacineMultiSports.com).