Youth Advocates for Community Health (YACH)

The Youth Advocates for Community Health (YACH) program is a paid opportunity for high school students aged to gain hands-on experiences improving health at the local level. A small group of youth will work as a team to identify strategies and develop plans to address a community health issue they care about. In Dane County, the 2019 program will be focused on the south side of Madison. The YACH hiring team aims to recruit youth that reflect the diverse community of Madison. Participating youth will have opportunities to network, collaborate, and learn from youth implementing these projects throughout the state.

JOIN OUR TEAM! APPLY BY MAY 1, 2019 POSITION TITLE: Youth Advocate for Community Health

PURPOSE: To create an environment that promotes healthy eating and active living on Madison's south side.

TIME COMMITMENT:

- 4-6 hours/week
- May Orientation + Regular sessions from June August 2019

SCHEDULE:

- Pre-summer orientation sessions (May 13th & May 20th)
- Program Start Week: June 17 & 18
- Program End Week: August 5 & 6
- Mondays 2:00-5:00pm
- Tuesdays 3:00-6:00pm

*Possibility of substituting an occasional Wednesday when the local farmers' market takes place

MEETING LOCATION:

- UW South Madison Partnership Offices - Villager Mall, 2312 S. Park St, Madison, WI 53713

RESPONSIBILITIES:

- Attend orientation and regular sessions
- Complete independent work assignments
- Be an engaged team member
- Model and encourage healthy eating and increased levels of physical activity
- Build relationships and collaborate with South Side businesses and organizations
- Co-lead sessions or activities with adult or teen team members throughout the program

QUALIFICATIONS:

- Teens between the ages of 15-19 and currently enrolled in high school
- Incoming Sophomores, Juniors, and Seniors, and graduating Seniors are eligible to apply
- An interest in learning and ability to communicate about healthy eating, community wellness,
- improved food access, and active lifestyles
- Experience working as part of a team

BENEFITS:

- \$500 stipend
- Enhanced leadership, communication, and public speaking skills
- Receive training on action planning, advocacy, community health, food systems, evaluation and other skills that are necessary to making a difference in the community
- Opportunities to share ideas with other teens and adult community leaders
- Network with YACH teens from around the state
- Opportunities to explore career options in the health fielding

For questions and more information, contact Claire Mance at <u>mance.claire@countyofdane.com</u> or 608-224-3699

https://dane.extension.wisc.edu/2019/03/18/teen-employment-opportunity-youth-advocates-forcommunity-health-yach/