

5-3-23

Homemade Chili

1 pound ground beef
1 onion, chopped
1 (15 ounce) can tomato
sauce
1 (15 ounce) can kidney
beans
1 (14.5 ounce) can stewed
tomatoes
1 ½ cups water
1 pinch chili powder
1 pinch garlic powder
salt and pepper to taste

Place ground beef and
onion in a large saucepan
over medium heat; cook
and stir until meat is
browned and onion is
tender, about 5 to 7
minutes.

Stir in tomato sauce,
kidney beans, stewed
tomatoes with juice, and
water. Season with chili
powder, garlic powder,
salt, and black pepper.
Bring to a boil, reduce
heat to low, cover and let
simmer for 15 minutes.