

This Institution Is an Equal
Opportunity Provider

Flippin School District October 2024 Lunch Menu

Menu is Subject to Change



1
Sloppy Joe
Coleslaw
Pickle Spears 9-12
Pears
Fruit Choice 9-12
Milk

2
Chicken Stir Fry
Seasoned Rice
Egg Roll
Strawberry Cup
Carrot Sticks 9-12
Fruit Choice 9-12
Milk

3
Beefy Nachos
Lettuce and Tomato
Refried Beans
Fresh Pear
Graham Crackers 9-12
Fruit Choice 9-12
Milk

4
Hamburger
Lettuce-Tomato-Pickle
Tater Tots
Sliced Peaches
Fruit Choice 9-12
Milk

7
Chicken and Noodles
Seasoned Carrots
Spinach Salad
Apple
Crackers 9-12
Fruit Choice 9-12
Milk

8
BBQ Pork Sandwich
French Fries
Veggie Sticks
Pineapple
Fruit Choice 9-12
Milk

9
Chicken Fajita
Seasoned Rice
Lettuce and Tomato
Refried Beans
Mandarin Oranges
Lemon Icebox Pie
Fruit Choice 9-12
Milk

10
Boneless Chicken Wings
Mashed Potatoes
Cherry Tomatoes
Mixed Fruit
Hot Roll 9-12
Fruit Choice 9-12
Milk

11
Pizza
Broccoli and Carrot Sticks
w/Ranch Dip
Strawberry Cup
Rice Krispy Treat
Fruit Choice 9-12
Milk

14
Crispito
Yogurt Cup
Tossed Salad
Veggie Sticks
Pears
Fruit Choice 9-12
Milk

15
Walking Taco
Lettuce-Tomato-Cheese
Seasoned Corn
Applesauce
Fruit Choice 9-12
Milk

16
Cheese Pocket
Marinara
Spinach Salad
Apple
Fruit Choice 9-12
Milk

17
Pig in a Blanket
Baked Beans
Coleslaw
Orange Wedges
Fruit Choice 9-12
Milk

18
American Sub Sandwich
Lettuce-Tomato-Pickle
Waffle Fries
Grapes
Fruit Choice 9-12
Milk

21
Chicken Spaghetti
Seasoned Broccoli
Baby Carrots and Ranch
Slushie Cup
Fruit Choice 9-12
Milk

22
Hamburger
Lettuce- Tomato-Pickle
French Fries
Fresh Pear
Fruit Choice 9-12
Milk

23
Pizza
Tossed Salad
Green Beans
Tropical Fruit
Fruit Choice 9-12
Milk

24
Chili with Corn Chips
Seasoned Corn
Veggie Sticks 9-12
Sliced Pears
Graham Crackers 9-12
Fruit Choice 9-12
Milk

25
Burrito
Lettuce and Tomato
Refried Beans
Mixed Fruit
Chocolate Chip Cookie
Fruit Choice 9-12
Milk

28
Toasted Ham and Cheese
Sandwich
Tater Tots
Broccoli Salad
Mandarin Oranges
Fruit Choice 9-12
Milk

29
Mexican Chicken
Side Salad
Pinto Beans
Pineapple
Lemon Icebox Pie
Fruit Choice 9-12
Milk

30
Chicken Strips
Mashed Potatoes
Seasoned Carrots
Biscuit 9-12
Apple
Fruit Choice 9-12
Milk

31
Corndog
Sweet Potato Fries
Cherry Tomatoes
Banana
Fruit Choice 9-12
Milk



