

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY
PROVIDER**

**FLIPPIN SCHOOL DISTRICT
DECEMBER 2023**

**MENU IS SUBJECT TO
CHANGE**



4
Salisbury Steak
Mashed Potatoes
California Blend Vegetables
Pears
Hot Roll
Fruit Choice 9-12
Milk

5
Walking Taco
Seasoned Corn
Mixed Fruit
Fruit Choice 9-12
Milk

6
Hamburger
Lettuce-Tomato-Pickle
French Fries
Tropical Fruit
Fruit Choice 9-12
Milk

7
Chicken Stir Fry
Seasoned Rice
Egg Roll
Orange Wedges
Fortune Cookie
Fruit Choice 9-12
Milk

8
Hot Dog
Baked Beans
Pickle Spears
Chips
Apple
Fruit Choice 9-12
Milk

11
Cheese Pocket
Marinara Sauce
Spinach Salad
Mandarin Oranges
Fruit Choice 9-12
Milk

12
Chicken Nuggets
Mashed Potatoes
Green Peas
Peaches
Biscuit
Fruit Choice 9-12
Milk

13
Baked Ham
Sweet Potato Crunch
Seasoned Broccoli
Pineapple
Hot Roll
Dessert
Fruit Choice 9-12
Milk

14
Chili
Tater Tots
Veggie Sticks
Mixed Fruit
Cinnamon Roll
Fruit Choice 9-12
Milk

15
Chicken Sandwich
Lettuce and Tomato
Sweet Potato Fries
Grapes
Fruit Choice 9-12
Milk

18
Spaghetti
Tossed Salad
Pears
Italian Bread
Fruit Choice 9-12
Milk

19
Rib Patty Sandwich
Lettuce and Pickle
French Fries
Fruit
Fruit Choice 9-12
Milk

20
Turkey and Cheese
Sandwich
Lettuce and Tomato
Veggie Stick
Chips
Frozen Fruit Cup
Fruit Choice 9-12
Milk

1
Pizza
Green Beans
Carrot Sticks
Frozen Fruit Cup
Fruit Choice 9-12
Milk

MERRY CHRISTMAS!