

A milk choice of 1%, skim
and fat free chocolate is served
with all meals.

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER



MOUNTAIN HOME PUBLIC SCHOOLS

JANUARY 2019, BREAKFAST

Menu is subject to change based
on weather and food availability.

(lunch/breakfast menu)

CEREAL CHOICE OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
			JUICE CHOICE CEREAL CHOICE WW POP TART FRUIT	JUICE CHOICE FRENCH TOAST STICKS SYRUP FRUIT
7	8	9	10	11
JUICE CHOICE FRENCH TOAST STICKS SYRUP FRUIT	JUICE CHOICE SAUSAGE BISCUIT GRAVY FRUIT	JUICE CHOICE CEREAL CHOICE WW DONUT FRUIT	JUICE CHOICE SOUTHERN BREAKFAST CHICKEN & BISCUIT FRUIT	JUICE CHOICE SCRAMBLED EGGS TOAST FRUIT
14	15	16	17	18
JUICE CHOICE CEREAL CHOICE WW POP TART FRUIT	JUICE CHOICE BREAKFAST COMBO BAR TOAST FRUIT	JUICE CHOICE BREAKFAST PIZZA FRUIT	JUICE CHOICE PANCAKES SYRUP FRUIT	JUICE CHOICE OATMEAL/FRUIT TOAST
21	22	23	24	25
JUICE CHOICE FRENCH TOAST STICKS SYRUP FRUIT	JUICE CHOICE BISCUIT/GRAVY SAUSAGE FRUIT	JUICE CHOICE MINI MAPLE PANCAKES SYRUP FRUIT	JUICE CHOICE BREAKFAST COMBO BAR TOAST FRUIT	JUICE CHOICE CEREAL CHOICE SUPER BUN FRUIT
28	29	30	31	
JUICE CHOICE SOUTHERN CHICKEN & BISCUIT FRUIT	JUICE CHOICE PANCAKE ON A STICK SYRUP FRUIT	JUICE CHOICE MINI WAFFLES SYRUP FRUIT	JUICE CHOICE SAUSAGE BISCUIT GRAVY FRUIT	

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MOUNTAIN HOME PUBLIC SCHOOLS

JANUARY 2019, LUNCH

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(lunch/breakfast menu)

Monday		Tuesday	Wednesday	Thursday	Friday	
		1		2	3	4
7		8	9	10	11	
CORNDOG/MUSTARD BBQ BEANS CORN ON COB CHILLED PEARS	BREADED BEEF STRIPS MASHED POTATOES PEAS & CARROTS APPLE WEDGES WG ROLL	CHICKEN NUGGETS/ BBQ SAUCE HALF BAKED POTATO STEAMED BROCCOLI STRAWBERRIES & BANANA	SUPER NACHOS PINTO BEANS LETTUCE/TOMATO SALAD FRUIT CUP COOKIE	HAMBURGER OR CHEESEBURGER OVEN FRIES LETTUCE/ PICKLES FRESH FRUIT RICE KRISPIE TREAT	HOMEMADE VEGETABLE SOUP GRILLED CHEESE SANDWICH BROCCOLI FLORETS/ DIP MIXED BERRIES	
14		15	16	17	18	
COUNTRY FRIED STEAK MASHED POTATOES/GRAVY STEAMED BROCCOLI ASSORTED FRESH FRUIT WG ROLL	CHICKEN FAJITA PEPPERS/ONION/SALSA REFRIED BEANS SPANISH RICE PEARS	TURKEY SUB SANDWICH LETTUCE/TOMATO/PICKLE SUN CHIPS FRESH VEGGIES/ DIP PEACHES ROYAL BROWNIE	ROASTED CHICKEN MASHED POTATOES/ GRAVY SEASONED GREEN BEANS PEACHES VANILLA PUDDING HOT ROLL	PIG N BLANKET/MUSTARD ROMAINE SALAD/DRSG TATOR TOTS PEACHES W/JELLO		
21		22	23	24	25	
PEPPERONI PIZZA TOSSED SALAD/DRSG STEAMED BROCCOLI FRUIT CINNAMON BREAD	CHICKEN NUGGETS/SAUCE OVEN FRIES STEAMED MIXED VEGGIES FRESH FRUIT WG ROLL	STROMBOLI CORN ON COB GREEN SALAD/ DRESSING STRAWBERRIES	WALKING TACO BLACK BEAN & CORN SALAD ORANGE WEDGES COOKIE	SPAGHETTI/MEAT SAUCE GREEN SALAD/DRSG SEASONED GREEN BEANS CINNAMON APPLES BREADSTICKS		
28		29	30	31		
STUFFED CRUST PIZZA CAL BLEND VEGGIES GREEN SALAD/DRSG APPLE SUGAR COOKIE	COUNTRY FRIED STEAK MASHED POTATOES/GRAVY SEASONED GREEN BEANS STRAWBERRIES WG ROLL	CHILI w/ BEANS BROCCOLI FLORETS TATOR TOTS CINNAMON ROLL FRUIT	HOMESTYLE CHICKEN PATTY/BUN LETTUCE/TOM/PICKLE STEAMED CORN BANANA PUDDING	