


A milk choice 1%, skim,
and fat free chocolate is served
with all meals.

MOUNTAIN HOME SCHOOL DISTRICT

OCTOBER 2019

Menu is subject to change based
on weather and food availability.

(lunch/breakfast menu)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 PIZZA SALAD GREEN BEANS ORANGE WEDGES JUICE BAR MILK	2 PORK ROAST MASHED POTATOES CORN APPLE ROLL MILK	3 FRITO PIE SHREDDED CHEESE BROCC / TOM / CARROT PEARS COWBOY COOKIE MILK	4 GRILLED CHICKEN SANDWICH SAND SALAD CUP POTATO WEDGES BAKED BEANS GRAPES MILK
7 COUNTRY FRIED STEAK MASHED POTATO BLACK EYED PEAS BROCC / TOMATO PEACHES ROLL MILK	8 STROMBOLI CORN ON THE COB SALAD / DRESSING APPLESAUCE CHOC CHIP COOKIE MILK	9 CHICKEN FAJITA LETTUCE / TOMATO / SALSA PINTO BEANS SPANISH RICE JELLO W/ FRUIT MILK	10 VEGETABLE SOUP GRILLED CHEESE SANDWICH SALAD / DRESSING PEACHES GRAHAM CRACKER MILK	11 HAMBURGER ON BUN SAND SALAD CUP TATER TOTS PEARS RICE KRISPY TREAT MILK
14 NACHOS W/ GROUND BEEF LETTUCE / TOMATO REFRIED BEANS SALSA STRAWBERRIES / BANANAS CHOC CAKE MILK	15 CHICKEN QUESADILLA VEGGIES & DIP GREEN BEANS APPLE JELLO MILK	16 CHILI SALAD CINN ROLL ORANGE WEDGES MILK	17 CHICKEN & NOODLES STEAMED BROCCOLI SALAD ROLL PEARS MILK	18 HOT HAM/CHEESE SAND POTATO WEDGES CARROT / BROCC & DIP GRAPES COOKIE MILK
21 WALKING TACO PINTO BEANS SALAS PEACHES SNICKERDOODLE COOKIE MILK	22 CHICKEN NUGGETS MAC & CHEESE ENGLISH PEAS SALAD GRAPES MILK	23 SLOPPY JOE ON BUN POTATO WEDGES BAKED BEANS APPLE SAUCE MILK	24 COUNTRY FRIED STEAK MASHED POTATOES STEAMED BROCC MIXED FRUIT ROLL MILK	25 TEACHER IN-SERVICE NO STUDENTS
28 CHICKEN STRIPS QUICK BAKED POTATO CARROT STICKS & DIP PEACHES MILK	29 PIZZA SALAD / DRESSING MIXED VEGETABLES ORANGE WEDGES PUDDING MILK	30 SPAGHETTI W/ MEAT SAUCE SALAD / DRESSING GREEN BEANS PINEAPPLE TIDBITS ROLL MILK	31 BEEF TACO LET / TOM / SALSA REFRIED BEANS SPANISH RICE APPLE WEDGES OATMEAL COOKIE MILK	