

A milk choice of 1% milk or fat-free chocolate milk is served with breakfast.  
A juice served twice a week.

Fruit choice daily

# Norfolk Schools

## January 2025 Breakfast

Menu is subject to change based on weather and food availability.

This institution is an equal opportunity provider.

### NHS Second Chance Breakfast:

Choice of Tornado, Sausage Biscuit or Super Donut and a choice of milk.

Monday	Tuesday	Wednesday	Thursday
6 Oatmeal & Toast Or Cereal	7 Egg & Cheese Biscuit Or Cereal	8 French Toast w/syrup Sausage Or Cereal	9 Biscuit & Gravy Or Cereal
13 Sausage Biscuit Or Cereal	14 Rice, Sausage & Toast Or Cereal	15 Breakfast Pizza Or Cereal	16 Biscuit & Gravy Or Cereal
20 Cheese Toast Sausage Or Cereal	21 Malto Meal Toast Or Cereal	22 Scrambles Eggs Diced Ham & Toast Or Cereal	23 Biscuit & Gravy Or Cereal
27 Oatmeal & Toast Or Cereal	28 Breakfast Pizza Or Cereal	29 Bacon Egg & Cheese Biscuit Or Cereal	30 Biscuit & Gravy Or Cereal