

ARKANSAS DEPARTMENT OF HEALTH

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Viral Respiratory Diseases Weekly Report 2024-2025

Week Ending Saturday 03/15/2025

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March 20, 2025

The Arkansas Department of Health (ADH) produces a Weekly Viral Respiratory Diseases Report for clinicians. The report provides information on Influenza, COVID-19 and Respiratory Syncytial Virus (RSV) activity in the state. The report also compares activities in Arkansas to the U.S. ADH receives reports of only a fraction of COVID-19 cases and flu cases since it only requires reports of flu hospitalizations, deaths, and outbreaks. RSV is not a reportable disease in Arkansas. Therefore, it is important to understand that the information in the weekly update is representative of the timing and location of activity, but it does not reflect the overall disease burden. It is presumed that there are many more people actually affected than the report shows. Clinicians and policymakers may find the report helpful in terms of communicating to colleagues and patients about the current status of viral respiratory diseases in the state and nationwide.

Report Key Points for Week 11:

- Arkansas reported "Low" or 5 out of 13 for the Influenza-Like-Illness (ILI) activity level indicator determined by data reported to ILINet.
- Hospital Emergency Department visits reported through Syndromic Surveillance were at 4.76% for Influenza-Like-Illness (ILI), 1.60% for COVID-Like-Illness (CLI), and 0.28% for Respiratory Syncytial Virus (RSV).
- Outpatient visits for ILI reported through ILINet from the Sentinel Providers were at 2.97%.
- Arkansas Children's Hospitals and associated clinic locations in central and northwest Arkansas report RSV and Human metapneumovirus test positivity with an increase to about 7%; COVID -19, Flu A, H3 and Flu A, H1 2009 are below 5%.
- The average school absenteeism rate last week was 7.64% among public schools.
- Arkansas reported 146 influenza-related deaths this season including 3 pediatric deaths, 80.1% of them were not vaccinated.
- Nationally, CDC estimates that there have been at least 41 million illnesses, 540,000 hospitalizations, and 23,000 deaths from flu so far this season.
- Arkansas reported 9 COVID-19-related deaths this week. There was a total of 532 COVID-19-related deaths in 2024. Since January 1, 2025 there have been 105 COVID-19-related deaths. The weekly deaths reflect week reported, not date of death.
- This flu season, 47 influenza outbreaks have been reported from nursing homes or other congregate setting institutions.
- Nationally, the proportion of deaths reported to the National Center for Health Statistics that were attributed to pneumonia, influenza and COVID-19 (PIC) was above the epidemic threshold this week.

You can report flu year-round and view the Viral Respiratory Disease Weekly Report during the influenza season at: <u>http://www.healthy.arkansas.gov/programs-services/topics/influenza</u>.You can also access the reporting website directly at: <u>https://FluReport.ADH.Arkansas.gov</u>.

2024-2025 Viral Respiratory Diseases Weekly Report (Week 11: 03/09/2025 - 03/15/2025)

Deaths Reported for Week 11*

- * Deaths reflect week reported not date of death.
 - Deaths from all causes: 789
 - Deaths due to Pneumonia: 72
 - Deaths due to Flu: 20
 - COVID-19 Related Deaths: 9

Cumulative Deaths

- Total Flu deaths since 09/29/24: 146
- Total COVID deaths in 2024: 532
- Total COVID deaths since 01/01/25: 105

New Hospital Admissions Reports

- Flu Admissions: 03/09/25 03/15/25: 110
- Flu Admissions Prior to 03/09/25
 Reported this Week: 43
 COMPRESSION AND ADDRESSION ADDRESSION
- COVID Week ending 03/15/2025: 48

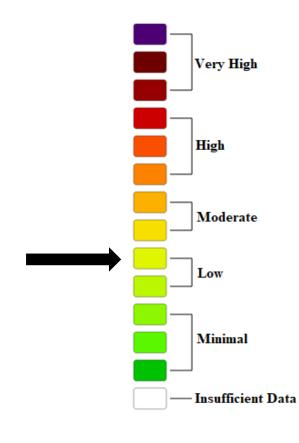
School Absenteeism*

* Average daily absenteeism for all public schools during this reporting week.

Week Ending: 03/15/2025

- Percent Absent: 7.64
- Previous Week: 7.16

Weekly Arkansas ILI Intensity Level Reported by Sentinel Providers



Lab Confirmed Influenza Cases

Reported flu cases reflect only a portion of the actual numbers of flu cases in the state.

Tests	Week 11	Cumulative Cases Since 09/29/2024
Flu A+	445	14,947
Flu B+	59	1,175
Flu A and B	1	153
Flu B/Victoria	0	0
Flu B/ Yamagata	0	0
Flu A, H1N1+	17	364
Flu A, H3+	9	308
Unsubtypeable	0	0
Total	531	16,947

Influenza Reported Hospitalization and Death Cumulative Cases Since 09/29/2024

Age Groups	Hospitalized	Deaths
0-4 yr.	128	0
5-17 yr.	101	3
18-24 yr.	50	0
25-44 yr.	249	8
45-64 yr.	805	33
>= 65 yr.	1,653	102
Unknown	0	0
Total	2,986	146

ER Visits (Syndromic Surveillance)

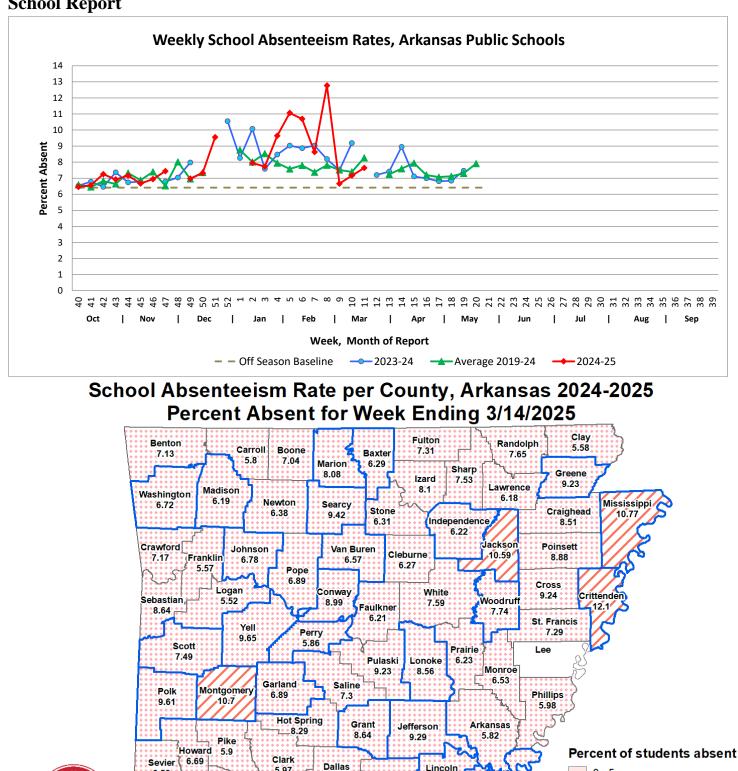
Week Ending: 03/15/2025:

- Total (% of Visits)
- Total ER Visits: 14,637
- Visits with ILI: 697 (4.76%)
- Visits with CLI: 234 (1.60%)
- Visits with RSV: 41 (0.28%)

Previous Week:

- Total (% of Visits)
- Total ER Visits: 13,030
- Visits with ILI: 722 (5.54%)
- Visits with CLI: 252 (1.93%)
- Visits with RSV: 45 (0.35%)

School Report



5.97

Nevada

5.19

Columbia

4.13

Hempstead

6.82

Lafavette

7.25

Miller

6.61

7.13

Calhoun

4.73

Union

7.6

Ouachita

9:06

Cleveland

7.37

Bradley

8.26

9.22

Drew

9.16

Ashley

6.31

Desha

8.82

Chicot

5.65



Date: March 18, 2025 Source: Arkansas Department of Health Author: Haytham Safi, Epidemiology Supervisor

6.56

Little River

6.51

Increase 10% from Previous Rate

0 - 5

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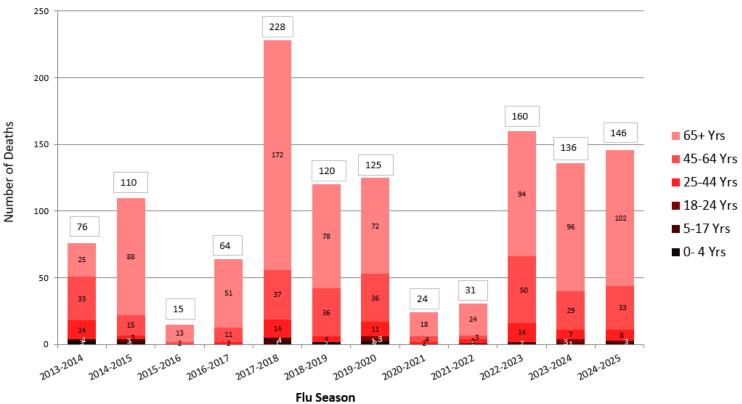
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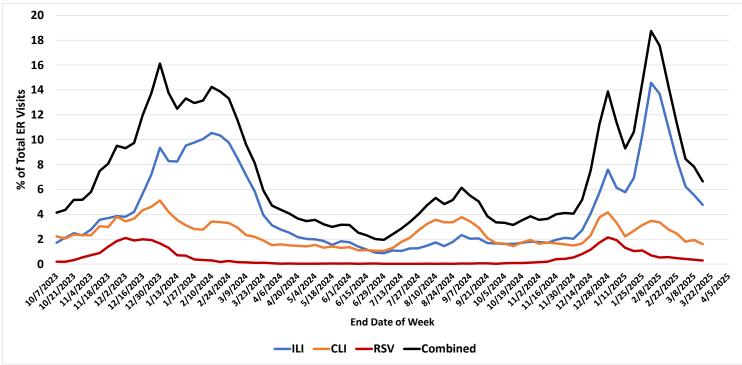
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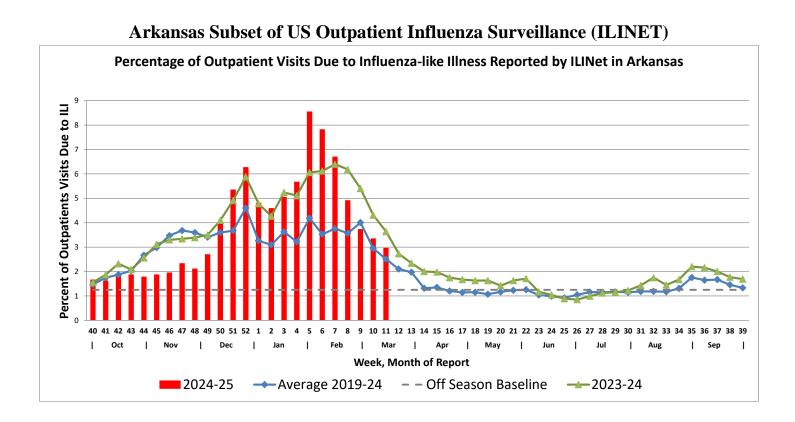
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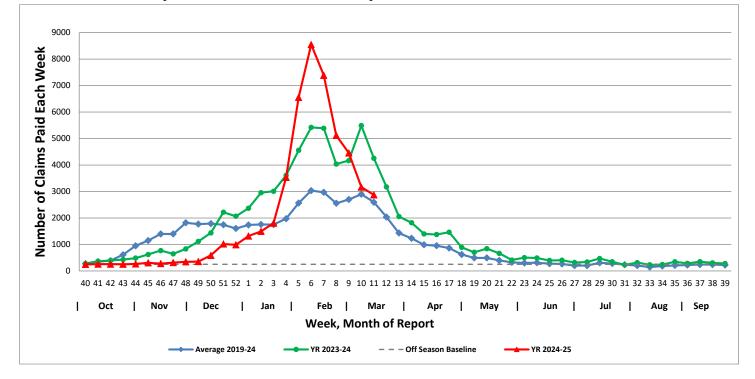
Influenza Mortality by Age Group, Arkansas 2013-2025 (Provisional) Report Updated: 03/19/2025

Emergency Department Visits for ILI, CLI and RSV, Arkansas Data Downloaded from NSSP (Syndromic Surveillance)





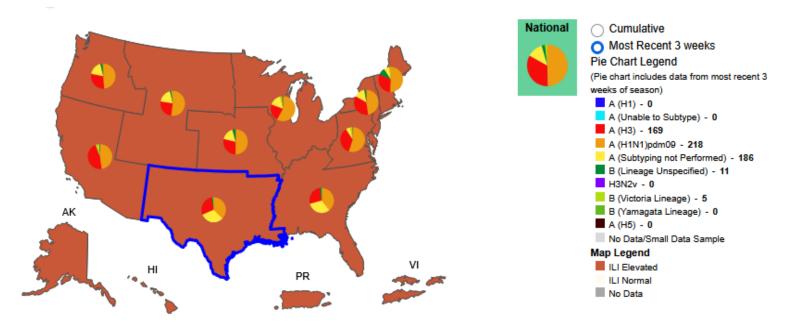
Weekly Influenza Claims Paid by Medicaid and BCBS of Arkansas



5

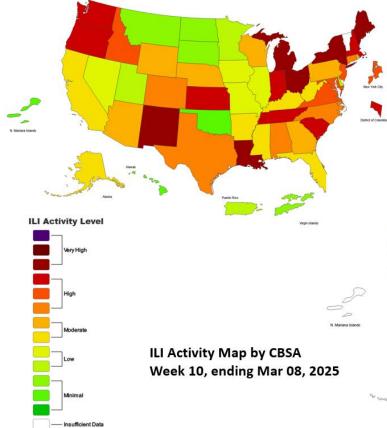
Influenza Positive Tests Reported to CDC and ILI Activity, by HHS Region Public Health Labs, Week Ending Mar 08, 2025

Values in legend are for the highlighted HHS region (Region 6) for the most recent 3 weeks.



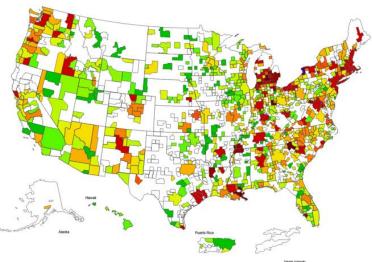
Data Source: CDC, ILINet

Influenza-Like-Illness Activity Level Indicator Determined by Data Reported to ILINet



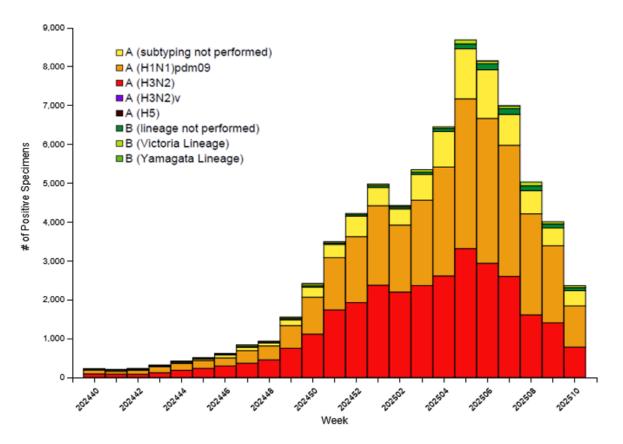
ILI Activity Map by Jurisdiction Week 10, ending Mar 08, 2025

> This system monitors visits for ILI (fever and cough or sore throat), not laboratory confirmed influenza and may capture patient visits due to other respiratory pathogens that cause similar symptoms.

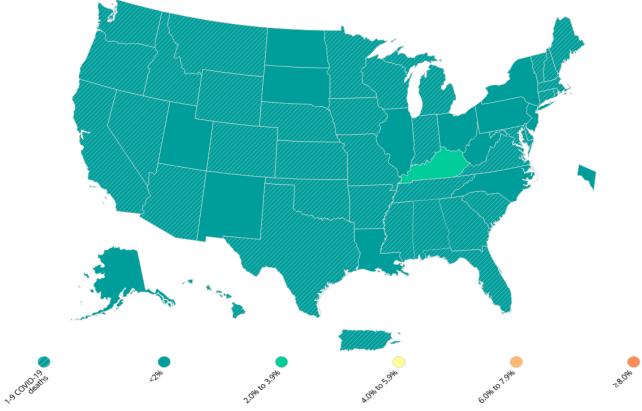


Data Source: CDC, ILINet

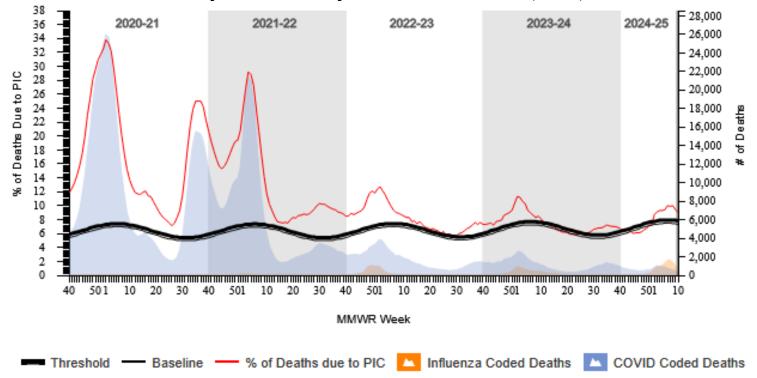
Influenza Positive Tests Reported to CDC by U.S. Public Health Laboratories, National Summary, 2024-2025 Season, week ending Mar 08, 2025



Percentage of Provisional Deaths Due to COVID-19 in the Past Week, by State/Territory – United States

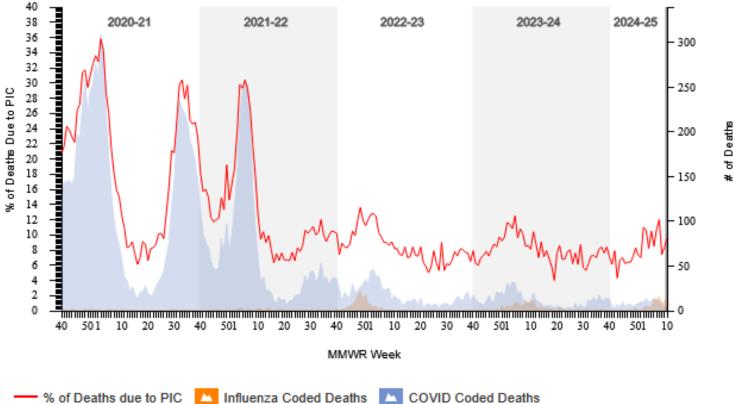


Source: https://covid.cdc.gov/covid-data-tracker/#maps_percent-covid-deaths

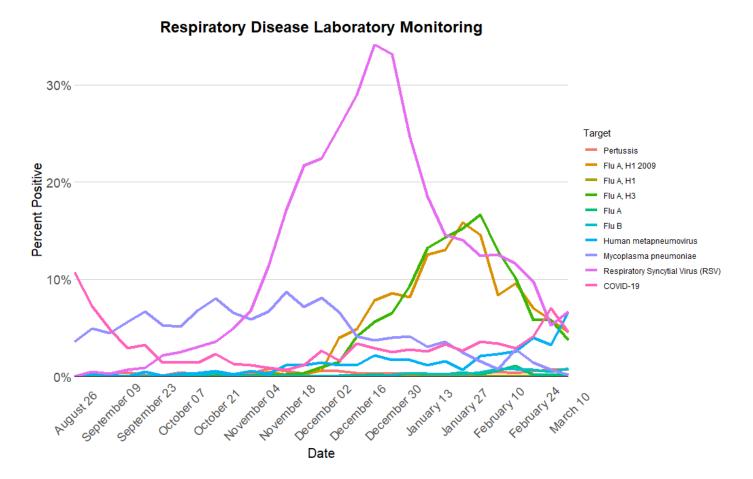


Pneumonia, Influenza and COVID-19 (PIC) Mortality from the National Center for Health Statistics Mortality Surveillance System Data as of Mar 13, 2025, National Data

Pneumonia, Influenza and COVID-19 (PIC) Mortality from the National Center for Health Statistics Mortality Surveillance System Data as of Mar 13, 2025, Arkansas Data



Respiratory Diseases Trend in Children seen at Arkansas Children's Hospitals



The figure above shows the trends over time in percent positivity for certain respiratory diseases in children seen at Arkansas Children's Hospital located in Little Rock and Arkansas Children's Northwest in Springdale as well as the Arkansas Children's clinics located around the state. Percent positivity is defined as the total number of positive tests for a particular respiratory disease divided by the total number of tests done for that same disease multiplied by 100. The figure shows that test positivity for RSV and Human metapneumovirus increased to about 7%. Influenza A H1 2009, Influenza A H3 and COVID-19 are currently trending down to less than 5%. Mycoplasma pneumoniae and Pertussis are below 1%.