



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



December 3, 2021

Dear Friends,

This year, the YMCA of Greenwich is celebrating 105 years of giving to the community. We are extremely proud of our history as we continue to bring together and strengthen the community through programs and services that build a healthy spirit, mind, and body.

Our commitment to community wellness and the personal interaction among our members has been the focus of 2021. This sense of belonging is what the Y is all about.

There are several accomplishments we would like to highlight this year:

- **Summer Camp Scholarship Program** for 40 children of essential workers to thank them for everything they did for our community during the pandemic. The program was made possible thanks to generous donors. Alaina Velazquez, pictured, said, "Thank you for creating an environment of safety and fun-filled programs for all of the children. I will always be grateful to the YMCA for your support and kindness. My children love all of the staff."
- **LiveStrong Program** for cancer survivors officially began this fall. We are excited to watch this program grow and help cancer survivors regain their strength and fitness while they find camaraderie at the YMCA of Greenwich.
- **Parkinson's Body & Mind Program** continues to grow with both in-person and on-line classes. We opened our state-of-the-art boxing loft for our RockSteady classes. In addition, yoga, tai chi, and dance are all taught by instructors certified to work with PD patients.
- **Aquatics Teams** are hard at work. We held our first large-scale post-pandemic swim, dive, and water polo competitions. Our athletes continue to excel, and we are very proud of our latest group of college recruits.
- **The Facility** is in great shape after completing numerous projects to enhance our members' experience. New pool filters, new hot water heaters, and new exercise equipment top the list of improvements.



We need your support to continue to provide programs and services to meet the expanding needs of our community. Please consider a gift to the Annual Campaign:
<https://greenwichymca.securetracon.com/>.

Thank you for being a special part of our YMCA of Greenwich Family, and please join us in welcoming Matthew Skaarup, our new CEO, who starts on December 6th.

Warm Regards,

Patrice Francois
Interim Chief Executive Officer

Shahryar Oveissi
Chairman of the Board of Directors