



# Healthy *living with* Diabetes

*Kentucky Department for Public Health*

Our free, nationally accredited diabetes education workshops are **NOW available online**. You can participate using your phone, tablet or computer.

**Meets Tuesday & Thursdays  
October 26<sup>th</sup> – November 18<sup>th</sup>**

no meeting Nov 2<sup>nd</sup>, Nov 11<sup>th</sup>

**from 10:00 a.m.-11:30 a.m. CST**  
*Call for more information or to sign up  
by **October 19<sup>th</sup>***

**(270) 522-8121 Ext. 212 or  
270-444-9625 Ext. 107**



**Kentucky Public Health**  
Prevent. Promote. Protect.



**Purchase District  
Health Department**  
Promoting Health. Preventing Disease. Protecting You.

